

**CARDEN PARK**  
CHESHIRE'S COUNTRY ESTATE



# High Performance Leadership Training

# 1000+ acres of inspiration for corporates and individuals.

Nestled in the Cheshire countryside, Carden Park is a luxury destination resort that offers a truly unique environment of stunning facilities combined with a world class leadership training programme, developed by Star Development UK.

## Luxury Spa

A £10 million development with one of the UK's largest spa gardens.

## Leisure Club

Featuring new high-tech gym, spin room, swimming pool and exercise classes.

## Two Championship Courses

The Nicklaus and The Cheshire, the former designed by the great Jack Nicklaus and his son Steve.

## 197 Bedrooms

A wide variety of luxurious suites available for couples, families, individuals and group stays.

## Country Pursuits

On-site activities include segways, archery, shooting and Vertigo at Carden aerial ropes course.

## Conference and Meeting Spaces

There are a wide variety of spaces available hosting up to 400 delegates.

## PGA Academy

Officially accredited academy with golf coaching available from our experienced team of professionals.

## On-Site Restaurants and Bars

Divine dining in The Vines, Redmond's, Elements, Jacks and Morgan's Bars.



“We’re extremely pleased to be offering our training at Carden Park. The extensive facilities allow us to take our attendees outside of their comfort zone and really connect with the programme.”

**Stuart Waddington**  
Star Development UK



Carden Park has partnered with Star Development UK to offer one of the most unique and comprehensive leadership training retreats in the country.

The programmes are designed to enhance leadership performance and communication, all with a star line up of world-class trainers, coaches and mentors, set in the luxurious backdrop of one of the UK's finest resort hotels.

Our extensive facilities allow the option to combine classroom learning with challenging activities and the blended learning experience can include such diverse experiences as ziplining, golf, an aerial obstacle course or a moment for relaxation and reflection in one of the UK's largest spa gardens.

## Our clients work with us to gain:

- ◆ Positive behavioural change
- ◆ Improved workforce cohesion
- ◆ Energised staff with improved morale and motivation
- ◆ The ability to identify weaknesses and develop strengths
- ◆ Enhanced corporate performance through greater resilience
- ◆ Greater employee engagement and improved retention



Programmes range from 1 day workshops through to 3 year intensive leadership courses.

## How we work with you?



### Bespoke Design

From day 1 we will work with you to understand your needs, then design and deliver a programme that will surpass your expectations.

### World Class Delivery

Using the world class facilities at Carden Park, we will deliver a truly transformational programme that will create lasting change.

### Evaluating Your Return on Investment

We will work with you after each programme to evaluate how your leaders and their teams are developing.

Scan the QR code below using your phone camera to watch our full explainer video



## Leadership Trainers

Our trainers are selected from the best in their fields in sports and business. We work with them because we know they deliver results and they work with you to ensure behavioural change at an individual, team and organisational level.



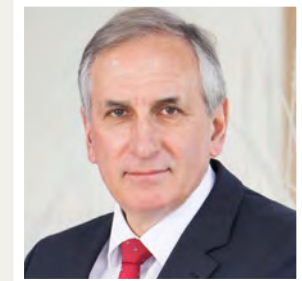
**Stuart Waddington**

Podcast host, ex RAF and founder of Star Development UK.



**Tom Phillips**

Highly qualified trainer on a mission to make better leaders, teams & organisations.



**Peter Anstiss**

Honorary Teaching Fellow and Leader in Residence, Lancaster University Management School.



**Debra Cadman**

Senior HR business leader, consultant and development coach.



**Phil Quirk**

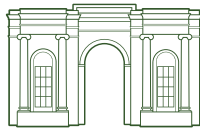
Ex Royal Marines, expert high performance mindset and body coach.



**Heidi Maduhu**

Operates globally. Certified coach, corporate trainer and motivational speaker.

Full bios for all of our trainers are available on request.



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